Executive Summary



Details

Lease Rate:	$250 - 900 / mo (Full Service)
Available SF:	250 - 325 SF
Building Size:	3,500 SF

Highlights

- 7 of 14 suites available: 3 large, 2 medium, 2 small
- Large counseling suites (325 SF): $900/mo
- Medium counseling suites (275 SF): $800/mo
- Small telehealth suites (250 SF): $500/mo
- Weekday blocks: one set day/wk, $250/mo, M2M
- Special: first month free on any 12-month lease signed by January 15, 2027

Overview

Vitality Counseling + Wellness is a 14-suite professional building at 14836 Gambels Trail Dr, Oklahoma City, built for independent mental health and wellness practitioners. Seven suites are available now. Rent includes utilities, internet, cleaning and a shared lobby and waiting room. Many offices overlook the pond and have plenty of natural light.

Tenants don't practice on an island: the building is a group of independent therapists who staff cases and refer to each other, with an owner on site who is an LPC, an LADC-MH and a board-approved supervisor.

The smaller suites are set up as telehealth offices, giving clinicians who see clients mostly online a private, HIPAA-friendly space away from home, a professional background on camera, reliable internet and a real business address for credentialing and directory listings. A larger office can be booked for in-person sessions.

TYLER HUXLEY
405.973.8435
thuxley@creekpe.com

GARRETT MCGINNIS
405.919.9297
gmcginnis@creekpe.com

Additional Photos











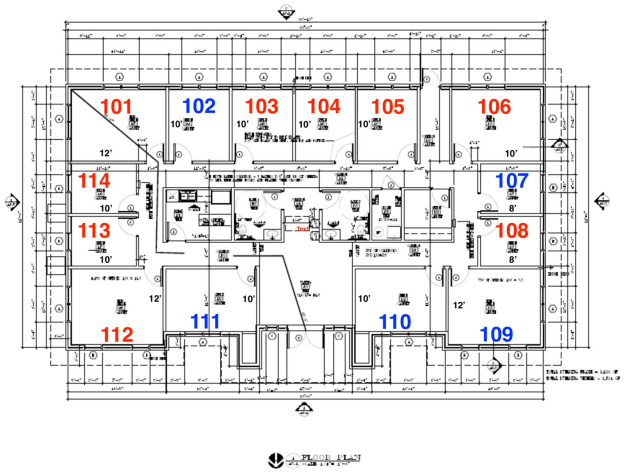

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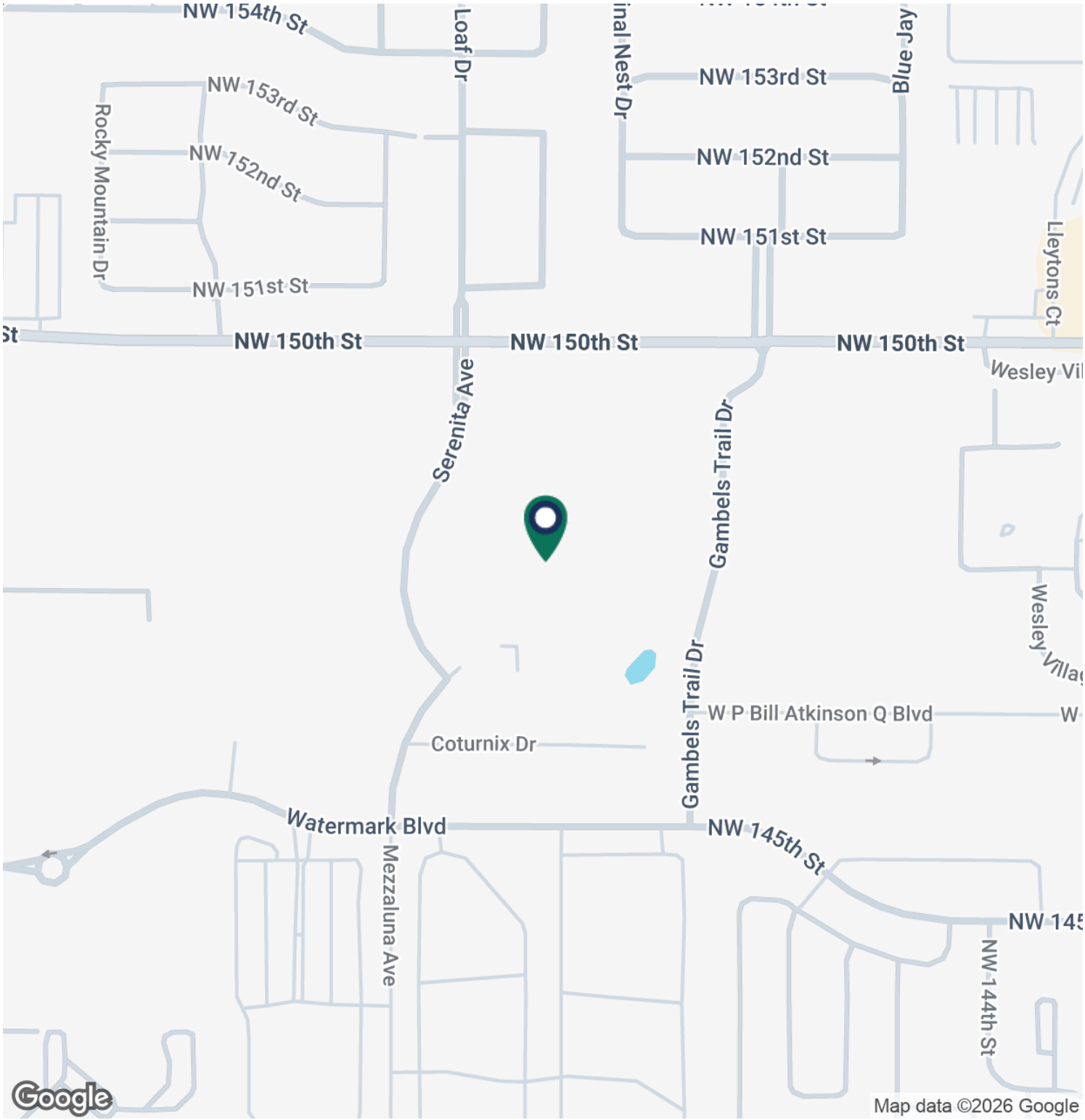
Location Map



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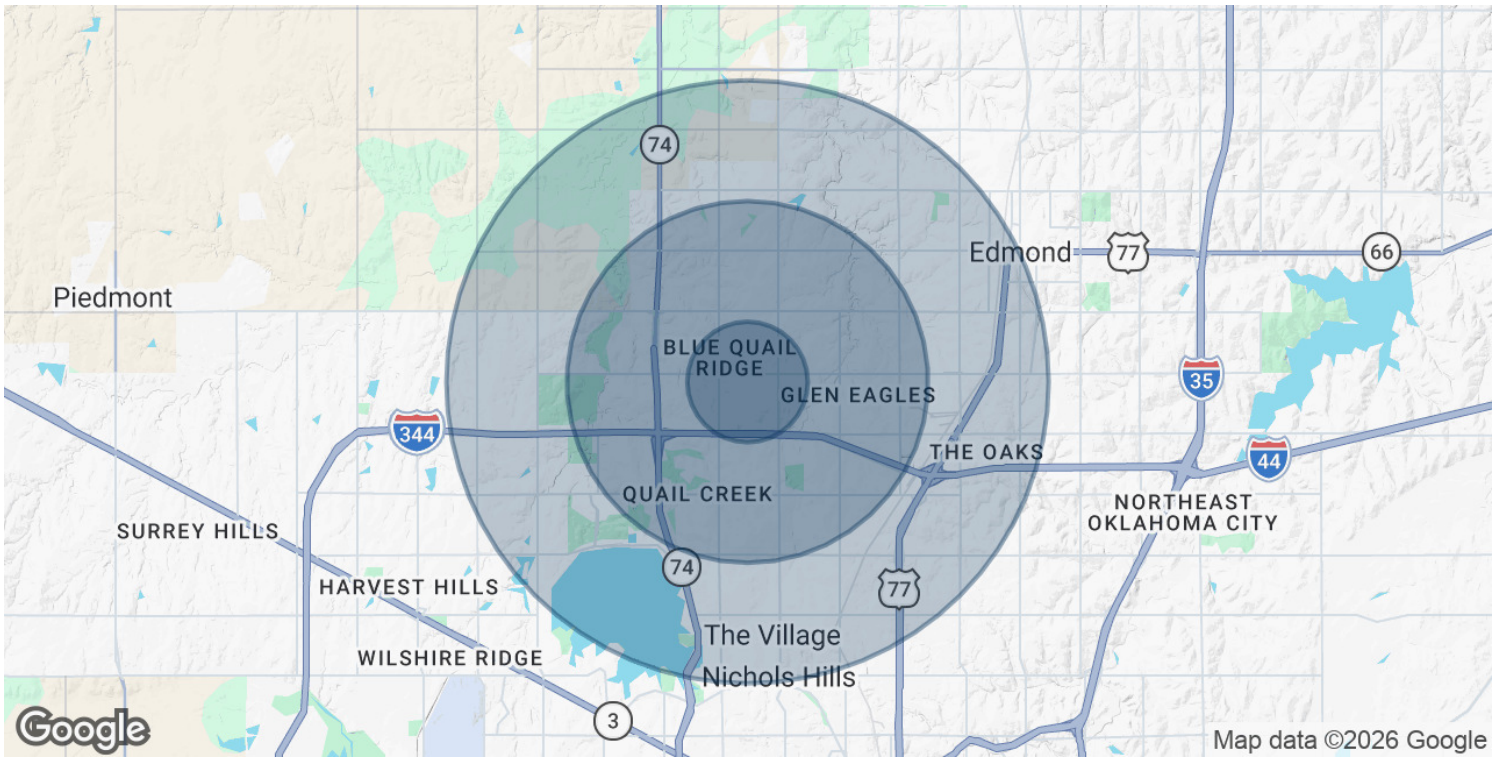
Demographics Map & Report



Population	1 Mile	3 Miles	5 Miles
Total Population	11,561	85,109	188,385
Average Age	39	38	39
Average Age (Male)	37	37	37
Average Age (Female)	40	39	40

Households & Income	1 Mile	3 Miles	5 Miles
Total Households	5,425	35,252	78,822
# of Persons per HH	2.1	2.4	2.4
Average HH Income	$91,029	$117,612	$113,273
Average House Value	$284,767	$332,341	$327,566

2020 American Community Survey (ACS)

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